



**Updates to your Michigan Complete Health (Medicare-Medicaid Plan) covered benefits**

At times, the Centers for Medicare & Medicaid Services (CMS) make mid-year changes to what is covered under Michigan Complete Health (Medicare-Medicaid Plan). These changes are known as National Coverage Determinations (NCDs). Below is a list of medical services that are now covered by Michigan Complete Health.

Benefit updates in 2020:

Updated/added benefit	Member cost sharing	Benefit description	Effective date
<p>Acupuncture for low back pain will be covered for eligible beneficiaries under Michigan Complete Health.</p>	<p>There is no coinsurance, copayment, or deductible for each Medicare-covered acupuncture visit.</p>	<p>Acupuncture for chronic low back pain is now covered up to 12 visits within a 90 day period under the following circumstances:</p> <ul style="list-style-type: none"> <li>You have chronic lower back pain lasting 12 weeks or longer, having no identifiable systemic cause and not associated with surgery or pregnancy.</li> </ul> <p>An additional eight sessions will be covered for patients demonstrating an improvement. No more than 20 acupuncture treatments may be administered annually.</p> <p>Treatment must be discontinued if you are not improving or you are regressing.</p>	<p>01/21/2020</p>

**Additional Information**

If you have questions regarding the information contained in this update, please contact Michigan Complete Health Member Services at 1-844-239-7387 (TTY: 711) seven days a week. On weekends and on state or federal holidays, you may be asked to leave a message. Your call will be returned within the next business day. The call is free.

Sincerely,

Michigan Complete Health



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UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-844-239-7387 (TTY: 711).

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ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-844-239-7387 (TTY: 711).

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ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-844-239-7387 (TTY: 711).

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注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-844-239-7387（TTY: 711）まで、お電話にてご連絡ください。

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ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-844-239-7387 (TTY: 711).

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OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-844-239-7387 (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 711).

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PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-844-239-7387 (TTY: 711).

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